



Mid Valley Secondary Center

52 Underwood Road * Throop, PA 18512

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Wellness Policy Agenda

1. Discuss the purpose of a Wellness Policy based on the State guidelines.
2. Go over goals recommended by the STATE
 - a. Set up specific goals for the team.
 - b. Nutrition education
 - c. Physical education
 - d. Nutrition
 - e. Promote the program
 - f. Use evidence based strategies
3. Go over the Wellness Checklist.
4. Look at what is being served in our school to see if we need to make changes.
 - a. Mrs. Costanzo can speak on how nutrition is working to provide healthy lunches.
 - b. Online school menu showing calories, sugars, carbohydrates, etc.
5. Review over how we deal with fundraisers and parents bringing in food to the schools.
6. How are we ensuring our students are staying active in the district?



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Proposed Rule: Local School Wellness Policy Implementation Under the Healthy, Hunger-Free Kids Act of 2010

This proposed rule would require all local educational agencies participating in the National School Lunch Program and/or the School Breakfast Program to meet expanded local school wellness policy requirements consistent with the new requirements set forth in section 204 of the Healthy, Hunger-Free Kids Act of 2010. This proposed rule would establish the framework for the content of the local school wellness policies, ensure stakeholder participation in the development of such policies, and require periodic assessment of compliance and reporting on the progress toward achieving the goals of the local school wellness policy. This proposed rule would also require local educational agencies, as part of the local school wellness policy, to implement policies for the marketing of foods and beverages on the school campus during the school day consistent with nutrition standards for Smart Snacks. Additionally, this proposed rule would require each local educational agency to make information about local school wellness policy implementation for all participating schools available to the public on a periodic basis. The provisions of this proposed rulemaking would ensure local educational agencies establish and implement local school wellness policies that meet minimum standards designed to support a school environment that promotes sound nutrition and student health, reduces childhood obesity, and provides transparency to the public on school wellness policy content and implementation.

Federal Register Link:

<https://www.federalregister.gov/articles/2014/02/26/2014-04100/local-school-wellness-policy-implementation-under-the-healthy-hunger-free-kids-act-of-2010>

Type:

Rule

RIN:

0584-AE25

Publication Date:

Wednesday, February 26, 2014

Comment Period End Date:

Monday, April 28, 2014

PDF Link:

<http://www.gpo.gov/fdsys/pkg/FR-2>



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Meeting with the State on April 11, 2017

Notes: from meeting with the STATE's Jennie Edmondson: PDE

1. Healthy hungry Free Kids Act – Rule
2. 1 LEA official to ensure compliance
 - Principals would still be in charge of the buildings.
3. Community Access to the Wellness Policy
4. Members of the team:
 - Food Services provider, SFA , parents, students, physical education, nurses, board members, public, PTSA
5. Set up specific goals for the team.
 - Nutrition education
 - Physical education
 - Nutrition
 - Promote the program
 - Use evidence based strategies
6. Use competitive foods with healthy snacks
 - Examples of this are: Fundraising, vending machines
7. Exceptions:
 - Secondary Center is allowed 10 days
 - Elementary Center is allowed 5 days
8. No Food Rewards:
 - Classroom parties should have 2-3 foods only with sugar
 - Fruits, vegetables, 100% juice and non-fat milk
 - Wellness Policy needs to be assessed every 3 years
9. How do we inform the public?
 - Flyers, Website (FALL 2017 placed on site)
10. How do you keep records?
 - jeedmondso@pa.gov
 - 3 year assessment
11. How do we deal with the following food reward issues?
 - Special education
 - 504 plans
 - (The IEP supersedes the Wellness Policy)